



Information Letter and Consent

Connecting Sharing Caring

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You are invited to participate in a research study entitled: Connecting sharing caring to build interprofessional relationships between health care workers caring with older adults

Purpose and Objective of the Research:

Health care workers caring with older adults are more likely to be at risk for stress, burnout, and lower levels of well-being. Forming a network of support within the workplace can help reduce some of these factors. A reduction in work-related stress may create a better work-life balance. The purpose of this study is to share ideas, experiences, and build connections among diverse health care workers. This will happen through social media and virtual meet-and-greet events. We aim to build a supportive interprofessional community.

Procedures:

After signing up for the study, you will be asked to complete an online survey. You will then receive weekly social media posts for 30 weeks. Topics will include building interprofessional care teams, communication, personal development, and caring with older adults. You will have the opportunity to participate in two optional virtual meet-and-greet events to share experiences and build connections with other participants. You will be invited to complete a survey just after the meet and greet events and at the end of the 30 weeks, you will be invited to complete another survey. The online surveys are optional and should take no more than 10 minutes to complete.

Your interactions with other participants in the meet and greet and social media groups will not be documented for the research; the only data being collected is via anonymous surveys.

Funded by:

This research is funded by the Saskatchewan Health Research Foundation and the Government of Canada's Innovative Work-Integrated Learning (I-WIL) Initiatives program, Riipen LevelUp. There is a potential conflict of interest on the part of Dr. Compton, who is providing matched funding for this study.

Potential Risks:

Your privacy will be protected to the greatest extent possible. You may choose not to answer any question on the survey or in the Meet-and-Greet events that you do not feel comfortable with and your responses or decision around participation will have no impact on your employment. Researchers have taken all reasonable steps to avoid any known risks.

You may know other participants in the Meet-and-Greet events and we ask you not to share information from the events. You may experience uncomfortable feelings when participating in Meet-and-Greet events. Share only what you feel comfortable. If you have feelings or experiences you wish to talk with someone about, call the Canadian HealthLine 811, which is a 24-hour mental health service with specialized health care professionals.

Potential Benefits:

Participating in this study may not benefit you directly. However, you may appreciate the experience of interacting with health care workers. Your participation may encourage health care workers to begin or continue caring with older adults.

Compensation:

You will have the opportunity to be entered to win one of four (4) \$75 door prizes (2 per event) if you participate in one of the virtual meet-and-greet events.

Any personal information collected as a record of receipt of door prize payment will be stored separately from the data by the PI and may be kept for 7 years in case the University of Saskatchewan is subjected to a financial audit.

Confidentiality:

The data collected will be presented in articles and blog posts. All data collected in this research will be anonymous. Please, do not share information that could breach confidentiality, such as name of patients and co-workers.

Some participants may be well known to each other because you invited them to join the study. Please be aware that if you decide to join the social media groups and comment on posts, others in the group will know you are part of the intervention and there is no guarantee that your comments will not be shared beyond the group. If you choose to participate in the Meet-and-Greet event, you may know other participants through social and/ or work connections. The research team will remind participants to respect the privacy of other fellow participants and not share information outside the events. Your name and information will be removed prior to publication.

Please see the following for more information on the [Survey Monkey Privacy Policy](#), [Zoom Privacy Policy](#), [Facebook Privacy Policy](#), and [Instagram Privacy Policy](#).

Storage of Data:

The surveys in this research are hosted by Survey Monkey. The anonymous data will be stored in facilities hosted in Canada and disposed of according to the University of Saskatchewan policy.

All anonymous electronic data will be in a University of Saskatchewan Survey Monkey account. Later the information will be transferred to the Principal Investigator's One Drive and accessed through a University of Saskatchewan password-protected computer.

Data will be stored for at least five years post-publication, as per the University of Saskatchewan policy.

Right to Withdraw:

Participation in this survey is voluntary. You can decide not to participate at any time by closing your browser. You may leave the Facebook group or unfollow the Instagram page at any time. You may choose not to answer any questions you do not feel comfortable with. Survey responses will remain anonymous. Once submitted, survey information cannot be removed.

You may come and go from the Meet and Greet events as you wish.

Follow up:

To obtain results from the study, please contact Dr. Roslyn M. Compton for a copy of any reports or publications from this research after August 2024.

Questions or Concerns:

Contact Dr. Compton at rosyln.compton@usask.ca or 306-966-8627. This research project has been approved on ethical grounds by the University of Saskatchewan Behavioural Research Ethics Board. Any questions regarding your rights as a participant may be addressed to that committee through the Research Ethics Office: ethics.office@usask.ca; 306-966-2975; out of town participants may call toll free 1-888-966-2975.

By completing and submitting this questionnaire, **your free and informed consent is implied** and indicates that you understand the above conditions of participation in this study.