

Generating Ideas Via Engagement (♥️ GIVE)

GIVE Tips

Welcome to GIVE! This handout provides an orientation overview.

- **What is ♥️ GIVE about?** GIVE is all about connecting learners and older adults outside of acute care and long-term care settings.
- **Sharing experiences:** Each session has a topic provided as a starter for your conversation. Your team can explore these in whatever way you choose. **Please, share only what you are comfortable sharing!!** If you are not comfortable, you can suggest the conversation move in another direction.
- **What to do if you can't attend a ♥️ GIVE session.** We know life happens, and the best laid plans and intentions can sometimes change. 🙄 If you cannot attend a GIVE session, please let us know, nurs306.give.support@usask.ca, as soon as possible.
- **Do you have two people in the same home participating in ♥️ GIVE?** Yeah!! 🎉 We are so happy you are both joining. Just make sure each one of you has a separate device and your own room. 😊 Please, e-mail or message us if you are experiencing difficulties. We all know stuff happens!
- **Team diversity.** ♥️ GIVE provides an opportunity to build a learning community inside NURS 306.3. Learners come together from across the province, bringing with them curiosity, diverse perspectives, and experiences. Learners may never have met each other prior to participating ♥️ GIVE.
- **Time zones.** A little bit of information is that we have participants from four different provinces and that means we have three different time zones – and just for fun we will also have daylight saving time changes. 🌸 Here is a cool fun fact about Zoom: it changes your meeting time automatically. 😊





Zoom Link

- For each ♥️ GIVE session, we will be using the **same Zoom link**.
- Once in the Zoom room, we will open the breakout rooms. Please click on the join message to your breakout room.

- If you have difficulties in moving to your room, there will be help in the main Zoom room.




Time Together


Once you are with your  GIVE Team, we encourage the team to:

- Decide on who is going to do what team role: Facilitator/Scribe, Zoom Guru, and Timekeeper/Checker*
- You might want to start your  GIVE time together with an icebreaker activity. Suggested activities will be provide by the  GIVE team.
- Explore the day's discussion topic. NOTE: In all relationship building, sometimes new ideas come up, so wandering 'off topic' is totally acceptable and there really is no such thing in  GIVE! 😊
- Learners, you will share your experiences on the  GIVE Padlet:
 1. What was one thing that surprised you about your experience today?
 2. What was one thing you really appreciated about your time together?

*Roles and Responsibilities within your GIVE Team

To help your team navigate your time together, we suggest three roles within the team. Nursing students will volunteer for each of these roles:

- *Facilitator/Scribe:* You will facilitate the conversation by helping people to join the conversation. Here you can help to keep the contributions shared across the team. Taking some notes might help you to facilitate the conversation.
- *Zoom Guru:* You will help with Zoom, including troubleshooting, helping everyone to connect and stay connected, making sure everyone has the link for your next  GIVE session. You might like to share your cell number so team members can text or call you when experiencing difficulties. At the beginning of each  GIVE session – check in with your team members to make sure they can use Zoom functions – gallery view, mute and unmute, video. Chat is disabled for the  GIVE sessions.
- *Timekeeper/Checker:* You will keep the conversation moving and watch the time. 40 minutes goes by really fast 🕒

If you need help, please connect with your  GIVE team for a real-person experience (no robots are involved; we are humans 😊).

Call first Rebecca Gutek (306) 630-9370 or uik076@mail.usask.ca

Mariana (639) 525-1992 or mdr535@usask.ca

♥ GIVE Conversation Topics and Dates

Date of Conversation	Time of Conversation	Conversation Topic
January 14, 2025	3:00 pm – 3:50 pm (Saskatchewan time)	How will the messages we are absorbing about ‘aging’ now, affect our perception of ourselves as we grow older? How will pervasive ageism impact our own experience of aging?
Resource	Sarah Jessica Parker Slams ‘Misogynist’ Comments about Aging https://www.youtube.com/watch?v=erSy5GAaE8Y	
February 4, 2025	3:00 pm – 3:50 pm (Saskatchewan time)	Thinking about the views people have about how their body changes as they grow older, including: ‘myths’ and ‘truths’ (e.g., family members, social media, films, Facebook, older relatives, children); What are key messages student nurses should keep in mind when caring with older adults?
Resource	Life lessons from a 100-year-old runner https://youtu.be/C_kSWGefzGs?si=jAb9oqGnJDIZR5tq	
March 18, 2025	3:00pm – 3:50 pm (Saskatchewan time)	If this was the last conversation you had with your child, grandchild, parent, grandparent, close friend, or neighbour what would you ask them?
Resource	Video research by a nurse interviews people at the end of their life and their regrets https://www.youtube.com/watch?v=td8vOr_FcDs	