


## Generating Ideas Via Engagement

( GIVE)


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### **Purpose:**

 GIVE is an opportunity to bring together older adults and learners to discover the diversity of what growing older means across generations.




### **Aims:**

- To get a broader perspective of what it means to be an older adult living in our society through sharing stories and experiences.
- Most often, nursing learners are meeting older adults in a healthcare setting. Through  GIVE we are hoping learners will have an opportunity to work with older adults in community as learning partners rather than as someone receiving care.

### **What we will create together:**

- Each team will contribute to a ' GIVE' resource, which is a collection of ideas, to be shared with all the teams. The ideas come from your conversations.

### **The process:**

- The GIVE sessions are Monday January 16, March 13, and March 27, 2023.
- The **Friday** before each GIVE session, you will receive an email reminder. There will also be resources in the email to help you prepare for the conversation. These may be something for you to read or watch or gather information or experiences to bring to the conversation. (Maybe no more than 30 minutes preparation time per session).
- Conversation teams will be four-six Year 3 nursing students from across Saskatchewan who are taking NURS 306.3 Exploring Aging and Chronicity course and 1 older adult
- Conversations will be approximately 45 minutes and conducted over Zoom
- Everyone shares their stories
- GIVE conversations are not interview sessions!! These are conversations like ones you would have in a social setting
- At the end of each conversation, everyone shares one thing that makes them excited
- Within the team, nursing students will take turns to fulfil the following roles
  - Facilitator/scribe
  - Zoom Guru
  - Time-keeper/checker

*Note: This is an opportunity for nursing students to take on these roles and learn and practice skills.*

### Conversation Topics and Dates

Date of Conversation	Time of Conversation	Conversation Topic
January 16, 2023	10:30am – 11:15am (Saskatchewan time)	<p>How will the messages we are absorbing about ‘aging’ now, affect <b>our perception of ourselves as we grow older?</b></p> <p>How will pervasive ageism impact our <b>own experience of aging?</b></p>
Resource	<a href="https://www.youtube.com/watch?v=P8QMfoEwrM8&amp;t=2s">https://www.youtube.com/watch?v=P8QMfoEwrM8&amp;t=2s</a>	
March 13, 2023	10:30am – 11:15am (Saskatchewan time)	<p>Thinking about the views people have about how their body changes as they grow older, including ‘myths’ and ‘truths’ (e.g., family members, social media, films, Facebook, older relatives, children); What are key messages student nurses should keep in mind when caring with older adults?</p>
Resource	To be finalized	
March 27, 2023	10:30am – 11:15am (Saskatchewan time)	<p><i>If this was the last conversation you had with your child, grandchild, parent, grandparent, close friends or neighbour what would you ask them?</i></p>
Resource	To be finalized	