Generating Ideas Via Engagement (💚GIVE)

GIVE Tips

Welcome to GIVE! This handout provides an orientation overview.

- **What is 💚GIVE about?** GIVE is all about connecting learners and older adults outside of acute care and long-term care settings.

- **Sharing experiences:** Each session has a theme provided as a starter for your conversation. Your team can explore these in what ever way you choose. **Please, share only what you are comfortable sharing!!** If you are not comfortable, you can suggest the conversation move in another direction.

- **What to do if you can't attend a 💚GIVE session.** We know life happens, and the best laid plans and intentions can sometimes change. 😕 If you cannot attend a GIVE session, please let us know, nurs306.give.support@usask.ca, as soon as possible.

- **Do you have two people in the same home participating in 💚GIVE?** Yeah!! 🎉We are so happy you are both joining. Just make sure each one of you has a separate device and your own room. 😊 Please, e-mail or message us if you are experiencing difficulties. We all know stuff happens!

- **Team diversity.** 💚GIVE provides an opportunity to build a learning community inside NURS 306.3. Learners come together from across the province, bringing with them curiosity, diverse perspectives, and experiences. Learners may never have met each other prior to participating 💚GIVE.

- **Time zones.** A little bit of information is that we have participants from four different provinces and that means we have three different time zones – and just for fun we will also have daylight saving time changes. 🌷 Here is a cool fun fact about Zoom: it changes your meeting time automatically. 😁

Zoom Link

- For each 💚GIVE session, we will be using the **same Zoom link**.

- Once in the Zoom room, we will open the breakout rooms. Please click on the join message to your breakout room.

- If you have difficulties in moving to your room, there will be help in the main Zoom room.

Time Together

Once you are with your 💚GIVE Team, we encourage the team to:

- Decide on who is going to do what team role: Facilitator/Scribe, Zoom Guru, and Timekeeper/Checker*

- You might want to start your 💚GIVE time together by sharing a favourite movie or TV program that involves older adults.

- Explore the day's discussion topic. NOTE: In all relationship building, sometimes new ideas come up, so wandering 'off topic' is totally acceptable and there really is no such thing in 💚GIVE! 😀

- Learners, you will <u>share</u> your experiences on the 💚GIVE Padlet:
  1. What was one thing that surprised you about your experience today?
  2. What was one thing you really appreciated about your time together?

*Roles and Responsibilities within your 💚GIVE Team

To help your team navigate your time together, we suggest three roles within the team. Feel free, older adults and learners, to volunteer for one of these roles:

- *Facilitator/Scribe*: You will facilitate the conversation by helping people to join the conversation. Here you can help to keep the contributions shared across the team. Taking some notes might help you to facilitate the conversation.

- *Zoom Guru*: You will help with Zoom, including troubleshooting, helping everyone to connect and stay connected, making sure everyone has the link for your next 💚GIVE session. You might like to share your cell number so team members can text or call you when experiencing difficulties. At the beginning of each 💚GIVE session – check in with your team members to make sure they can use Zoom functions – gallery view, mute and unmute, video. Chat is disabled for the 💚GIVE sessions.

- *Timekeeper/Checker*: You will keep the conversation moving and watch the time. 45 minutes goes by really fast ⏰

If you need help, please connect with your 💚GIVE team for a real-person experience (no robots are involved; we are humans 😉).

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💚 **GIVE Conversation Topics and Dates**

Date of Conversation	Time of Conversation	Conversation Topic
January 16, 2023	10:30am – 11:15am (Saskatchewan time)	How will the messages we are absorbing about 'aging' now, affect **our perception of ourselves as we grow older?** How will pervasive ageism impact our **own experience of aging?**
Resource	Why ageism affects us all (38-minute watch) https://www.youtube.com/watch?v=P8QMfoEwrM8&t=2s	
March 13, 2023	10:30am – 11:15am (Saskatchewan time)	Thinking about the views people have about how their body changes as they grow older, including: 'myths' and 'truths' (e.g., family members, social media, films, Facebook, older relatives, children); **What are key messages student nurses should keep in mind when caring with older adults?**
Resource	To be finalized	
March 27, 2023	10:30am – 11:15am (Saskatchewan time)	If this was the last conversation you had with your child, grandchild, parent, grandparent, close friend, or neighbour **what would you ask them?**
Resource	To be finalized	